

**PE Scheme of Work 2016/2017**

Year	Autumn Term		Spring Term		Summer Term	
<b>Reception Lesson 1</b>	Gymnastics Lancashire SOW	Movement and Dance Lancashire SOW	Gymnastics and Ball Skills Lancashire SOW	Gymnastics and Ball Skills Lancashire SOW	Gymnastics and Ball Skills Lancashire SOW	Yoga Fleetwood Delivery (Mon 1pm - 2pm)
<b>Reception Lesson 2</b>	Movement and Dance Lancashire SOW & 4 week with Joanna Crawford (Wed 2pm - 3pm)	Movement and Dance Lancashire SOW	Movement Lancashire SOW	Movement Lancashire SOW	Gymnastics and Ball Skills Lancashire SOW	Gymnastics and Ball Skills Lancashire SOW
<b>Year 1 Lesson 1</b>	Games Lancashire SOW (Baseline)	Games Lancashire SOW (Underarm)	Games Lancashire SOW (Rolling Ball)	Yoga Fleetwood Delivery (Mon 1pm - 2pm)	Games Lancashire SOW (Overarm)	Dance with Joanna Crawford (Wed 2pm - 3pm)
<b>Year 1 Lesson 2</b>	Games Lancashire SOW (Baseline)	Gymnastics Lancashire SOW	Games Lancashire SOW (Catching)	Games Lancashire SOW (Kicking)	Athletics Lancashire SOW (Honey Pot)	Games Lancashire SOW (Baseline)
<b>Year 2 Lesson 1</b>	Games Lancashire SOW (Striking and Fielding)	Yoga Fleetwood Delivery (Mon 1pm - 2pm)	Games Lancashire SOW (Net/Wall)	Games (Piggy in the middle)	Dance with Joanna Crawford (Wed 2pm - 3pm)	Games (KS1 Baseline Assessment)
<b>Year 2 Lesson 2</b>	Games Lancashire SOW (Striking and Fielding)	Gymnastics Lancashire SOW	Games Lancashire SOW (Net/Wall)	Games (Piggy in the middle)	Athletics Lancashire SOW (Colour Match)	Games (KS1 Baseline Assessment)

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<b>Year 3/4 Lesson 1</b>	OAA (Outdoor Adventurous Activities) Lancashire SOW	Games Lancashire SOW (Invasion Games) Badminton Y3/4 Core Task 1	Games Lancashire SOW (Net/Wall) Badminton	Dance with Joanna Crawford (Wed 2pm - 3pm)	Yoga Fleetwood Delivery (Mon 1pm - 2pm)	Games Lancashire SOW (Striking and Fielding) Year 3/4 Rounders Run the Loop Core Task
<b>Year 3/4 Lesson 2</b>	Year 3 Athletics Lancashire SOW Year 3/4 Cycle A	Year 3 Games Lancashire SOW Netball Year 3 Core Task (Invasion Games)	Games Lancashire SOW (Net/Wall) Netball	Athletics Lancashire SOW Year 3/4 Cycle B	Key Step Gymnastics Sports Partnership Delivery  (Time TBC)	Games Lancashire SOW (Striking and Fielding) Year 3/4 Rounders
	Year 4 Swimming (Friday) Poulton Baths	Year 4 Swimming (Friday) Poulton Baths				
<b>Year 4/5 Lesson 1</b>	Games Lancashire SOW (Invasion Games) Tag Rugby	Games Lancashire SOW (Invasion Games) Hi 5 Unit Core Task	Yoga Fleetwood Delivery (Mon 1pm - 2pm)	Dance with Joanna Crawford (Wed 2pm - 3pm)	Games Lancashire SOW (Net Wall) Badminton Core Task 2	Games Lancashire SOW (Striking and Fielding) Cricket Core Task
<b>Year 4/5 Lesson 2</b>	Year 4 Swimming (Friday) Poulton Baths	Year 4 Swimming (Friday) Poulton Baths	Year 4 Gymnastics (Y4 Unit) Core Task	Athletics Lancashire SOW (Cycle B)	OAA (Outdoor Adventurous Activities) Lancashire SOW (Team Working and Problem Solving)	Games Lancashire SOW (Striking and Fielding) Rounders
	Year 5 Games Lancashire SOW (Invasion Games) Tag Rugby Core Task	Year 5 Playground leaders training (TBC)	Year 5 Swimming (Friday) Poulton Baths			

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<p><b>Year 6 Lesson 1</b></p>	<p>Yoga Fleetwood Delivery (Mon 1pm - 2pm)</p>	<p>Dance with Joanna Crawford (Wed 2pm - 3pm)</p>	<p>Games Lancashire SOW (Net/Wall) Badminton <b>Core Task</b></p>	<p>Athletics Lancashire SOW Year 5/6 Unit <b>Core Task</b></p>	<p>Games Lancashire SOW (Striking and Fielding) Cricket</p>	<p>OAA (Outdoor Adventurous Activities) Lancashire SOW Year 5/6 Orienteering</p>
<p><b>Year 6 Lesson 2</b></p>	<p>Games Lancashire SOW (Invasion Games) Calling the shots Football/Tag Rugby/Netball <b>Core Task - Start</b></p>	<p>Games Lancashire SOW (Invasion Games) Calling the shots Football/Tag Rugby/Netball <b>Core Task - End</b></p>	<p>Games Lancashire SOW (Net/Wall) Badminton</p>	<p>Athletics Lancashire SOW Year 5/6 Unit</p>	<p>Games Lancashire SOW (Striking and Fielding) Cricket</p>	<p>Games Lancashire SOW (Striking and Fielding) Year 5/6 Rounders</p>